



NOVATO UNIFIED SCHOOL DISTRICT

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Summer Cooking at Lu Sutton

(Novato, CA)... Things are really cooking at Lu Sutton Elementary School! Elena Dennis, a Novato resident and Senior at The Branson School, is teaching five third graders how to cook in her week long non-profit summer camp called Camp Cauliflower.

During the week of July 7, the five third graders are learning from Elena on how to make food from scratch as well as some nutrition education. She developed a theme for each day and Monday's menu included smoothies, salsa, guacamole and tortillas. On Wednesday, they're taking a field trip to the Indian Valley College farm and garden to learn first-hand about where and how food comes from. The students are keeping a daily journal to document their experiences and on Friday, they will prepare a meal for their parents and present a slide show of their experience at Camp Cauliflower.

As a young girl, Elena attended a cooking camp and was inspired to continue to use what she learned at that camp. This year she wanted to give back to the community and inspire other young children that might not have the opportunity to attend a cooking camp. She raised over \$700 on her own through local donations from Whole Foods and Trader Joes as well as online donations through IndieGoGo. The Novato Unified School District is proud to support students in these programs.

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