

Later Start Committee
Thursday, March 16, 2017
5:30 - 7:00pm



MINUTES

Driving Question: How can a later student start time at secondary schools maximize the learning conditions of our students?



Time	Person	Item	Notes / Minutes
15 mins (5:30-5:45)	Ivan Chaidez, Asst. Superintendent Education Services	Welcome & Introductions Recorder to take notes/minutes- Time Keeper - Meeting Objectives & Process Timeline at the bottom	Last meeting before we present our schedule to school board.
5 mins (5:45-5:50)	Ivan Chaidez	Review Meeting Norms <ul style="list-style-type: none"> ● Be respectful ● Be on time ● Be present (engaged) ● Assume positive intention ● Raise hand prior to discussion ● Appreciate unique perspectives ● Address problem, not person ● Finish on time ● Focus what is best for our students ● Snacks/chocolate 	<ul style="list-style-type: none"> ● Which slide would you like to present? ● Why later start for secondary school? ● Review start times for consideration. ● Recommendation all schools in NUSD start at same time ● <u>Survey elementary parents as well!</u> ● Transportation ● Digital survey needs its bottom button fixed
10 mins (5:50-6:00)	Ivan Chaidez	DRAFT PowerPoint for School Board - Feedback	PowerPoint here
10 mins (6:00 - 6:10)	Ivan Chaidez	Get your cell phones out or laptop/tablet to Vote	http://bit.ly/2nerqWF
40 mins (6:10-6:50)	Group	Reach Consensus on Start Time	<ul style="list-style-type: none"> ● Get rid of last choice

		<p>Fist of Five</p> <p>5 - YES</p> <p>3 - Ok, I can live with it</p> <p>Fist - No, need to discuss further and voice concern & solution</p>	<ul style="list-style-type: none"> ● Stagger drop off time is important because we need 20 to 30 minutes between drop off times. ● Question: would it be worth switching suggested elementary start time with high school start time ● Unique solution for Hamilton. ● Possible 8am and 9am start time for HS
<p>Note:</p>	<p>Groups came up with a recommendation on start times based on feedback, work we have done, and most importantly research</p>	<p>Recommendations for Start Times and why (linked on Working groups document link)</p> <ul style="list-style-type: none"> ● Elementary ● Middle School ● High School 	<p>Working Groups:</p> <ul style="list-style-type: none"> ● Health & Science Research ● Bell/Master Schedules for Middle School ● Bell/Master Schedules for High Schools ● Elementary Bell Schedules if Middle & High School Start Later ● Surveys for Students, Parents, Teachers ● Transportation/Traffic ● Before & After School Activities
<p>10 mins (6:50-7:00)</p>	<p>Ivan Chaidez</p>	<p>Debrief, Next Steps, & Adjourn</p>	<p>Should we suggest to the board that we have a later start for High School only! With a start time of 8:30? Impact on Middle school and Elementary schools?</p> <p>Choose top TWO bell schedules to present to transportation department.</p> <p>There possibly needs to be a compromise between the two</p>

			schedules to work with transportation.
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Next Later Start Committee: None (THANK YOU for SERVING!)

Resources

District Website: <http://nusd.org/committees/later-start-committee/>
 Start School Later, Inc.: <http://www.startschoollater.net/position-statements.html>
 American Academy of Pediatrics Health Policy Statement: [School Start Times for Adolescents](#)
 Community Twitter: [#NUSDLaterStart](#) [@NUSD1](#)
 Click on Links to View:
[KPIX Channel 5 news story on Later Start](#)
[KRON Channel 4 news story on Later Start](#)

Marin IJ Newspaper story: [Marin school districts consider later start times to boost sleep](#)

[Novato High School Swarm Story](#) [San Marin High School Pony Express Story](#)

Myths and Misconceptions about Starting School Later

California state senator proposed Senate Bill 328, school districts would be required to implement a start time of no earlier than 8:30 a.m. at middle and high schools ([Read here](#))

Process Timeline

October 4th

- Establish Norms and Meeting Guidelines
- Driving Question: Defining the Task “*The What*”
- Objective: Describe what’s going on from their perspective, let's understand the situation and what needs to be resolved before moving to interests and options/solutions

November 3rd

- Identify Interests “*The Why*”
- Begin to look at Options/Solutions - “*The How*”
 - Data is helpful to generate options
 - Create working groups (create surveys, bring back research, etc.)

December 1st

- Begin to Evaluate all the options (One option is keep school schedules as they are)
- Begin to Reach Consensus and Commit to Agreements

January 19th

- Continue to Evaluate all the options
- Continue to Reach Consensus and Commit to Agreements
- Middle and High School Principals bring in possible draft bell schedules & feedback
- Get feedback from stakeholders

February 16th

- Develop and recommend a plan for implementation
- Feedback from Middle and High School Principals bring in possible draft bell schedules

- Present plan(s) to different stakeholders

March 16th

- Finalize draft plan(s)
- Present draft plan to Board as a presentation on **March 21st**

March / April

- Negotiations with Union(s) if Needed

May 2nd

- Present final plan with recommendations to Board pending negotiations if needed

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