RESOLUTION NO. 10-2019/20
OF
NOVATO UNIFIED SCHOOL DISTRICT

PROCLAIMING SEPTEMBER AS “SUICIDE PREVENTION MONTH”

WHEREAS, September is National Suicide Prevention Month, the goal of which is to encourage communities to work together to reduce social isolation and raise awareness around the prevalence of the issue and the resources available to all; and

WHEREAS, the risk of suicide amongst our young knows no social, economic, faith-based, racial, or sexual identity boundaries, and the Center for Disease Control reports suicide rates among young people rose 56% between 2007 and 2016; and

WHEREAS, in response to the California Healthy Kids Survey during the 2017-2018 school year, 17% of 9th graders and 20% of 11th graders in Novato Unified School District reported they had considered suicide, and 32% of 9th graders and 37% of 11th graders in our district reported they had experienced chronic sadness or hopelessness; and

WHEREAS, the partners in the Healthy Novato Initiative are working to improve the positive mental and physical health choices of students in Novato Unified School District; and

WHEREAS, all adults can make a positive impact on the lives of students by learning the warning signs of students who are struggling and can make an impactful difference in outcomes for those students.

NOW, THEREFORE, BE IT RESOLVED, that the Novato Unified School District supports efforts to call attention to the issue of suicide amongst young people and encourages teachers, administrators, school staff, parents, youth, community members, and district partners to support efforts to educate everyone on preventative measures that can save lives and allow ALL students to feel safe, valued and supported.

APPROVED, PASSED AND ADOPTED at a regular meeting of the governing body of the Novato Unified School District on this 3rd day of September, 2019, by the following vote

AYES: 7
NOES: 0
ABSTAIN: 0
ABSENT: 0
State of California,

County of Marin

I, Debbie Butler, President of the Novato Unified School District Board of Trustees, do hereby certify that the foregoing is a full, true, and correct copy of a resolution adopted by the Board of Trustees at a regularly called and conducted meeting held on said date.

[Signature]
President, NUSD Board of Trustees

Attested to:

[Signature]
Clerk, NUSD Board of Trustees